

TOWN OF INGERSOLL



“BE PREPARED”  
PAMPHLET

Emergencies and disasters can happen at any time. Utilities can be out, roads closed and crucial supplies unavailable. While local, provincial and federal officials prepare for emergencies, individuals can plan to be prepared at home and at work.

The Town of Ingersoll has completed a “Community Risk Profile” where winter and summer storms, heat alerts, fire/explosions, hazardous materials, transportation incidents and energy emergencies have been identified as priority hazards and risks for the community. The following pamphlet is to provide residents and businesses with information to prepare for, respond to and recover from any of the potential risks.

A recommended guideline to assist you in preparing an Emergency Survival Kit is included in this pamphlet. Keep these items in a waterproof container and make sure everyone in your

MEDIA

The media centre will be the site of news conferences and briefings. Briefings are usually conducted by the community spokesperson and coordinated by the emergency information officer and are used to provide current information on the emergency. Briefings are held whenever there is new information to report or to bring newly arriving media up-to date on the situation. To keep your family abreast of the situation you can turn your radio or T.V. to one of the stations listed below:

- Heart FM 104.7 Woodstock/CIHR
- Easy 101.3 Tillsonburg/CKOT
- 103.9 The Hawk/CKDK
- CFPL Radio/T V/London
- CIQM – Easy Listening Q97.5
- CJBK – 1290 AM

Information available on the community website [www.ingersoll.ca](http://www.ingersoll.ca)

- Emergency Response Plan?
- 72-Hour Emergency Survival Kit
- Media Outlets for Emergency Information

EMERGENCY  
INFORMATION

Keep a list of key telephone numbers and addresses near the phone. Make sure everyone in your family knows what to do before, during and after an emergency.

Family Name	<input type="text"/>
Address	<input type="text"/>
Phone	<input type="text"/>
City	<input type="text"/>
Ambulance	<input type="text"/>
Fire	<input type="text"/>
Police	<input type="text"/>
Dentist	<input type="text"/>
Hospital	<input type="text"/>
Poison Control	<input type="text"/>
Family Doctor	<input type="text"/>
Mother’s Work	<input type="text"/>
Father’s Work	<input type="text"/>
Pharmacy	<input type="text"/>
Neighbours Phone	<input type="text"/>
Relative	<input type="text"/>
School	<input type="text"/>
Union Gas	<input type="text"/>
Erie Thames Phone Company	<input type="text"/>
Insurance Agent	<input type="text"/>
Lawyer	<input type="text"/>
Veterinarian	<input type="text"/>
Family Cell	<input type="text"/>
Other	<input type="text"/>

family knows where this  
Emergency Survival kit is  
stored.

### Prepare Now, Learn How... BABIES / TODDLER Emergency Survival Checklist\*

\*Three-day supply per person

- Flashlight and batteries
- Clothing and footwear
- Radio and batteries or crank radio
- Blankets or sleeping bags
- Spare batteries (for radio or flashlight)
- Toilet paper and other personal items
- First-aid Kit
- Medication
- Candles and matches/lighter
- Backpack/duffel bag (to hold all of the emergency survival kit items)
- Extra car keys and cash
- Important papers (identification)
- Whistle (to attract attention, if needed)
- Food and bottled water
- Playing cards, games

- Diapers
- Bottled milk
- Formula and food
- Toys
- Crayons and paper

### OTHER FAMILY MEMBERS

- One week's supply of any required medications
- Extra eye glasses
- Batteries for medical appliances
- Extra oxygen cylinder (if required)
- Copies of prescription

### PETS

- Three day supply of food and water

If you and/or your family are ever in an emergency situation, "Don't Panic". People have survived three days without food or water. Your home can take three hours or more to cool off completely in the winter.

### Checklists

Think of any special needs your family might have and include any other items you need. Here are some suggestions:

### EMERGENCY FOOD & WATER

- Three day supply of water – at least four litres per person per day – two for drinking and two for food preparation, hygiene and dish washing. Keep a supply of water purification tablets as well
- Canned food: soups, stews, baked beans, meat, poultry, fish, vegetables, fruit
- Formula and food
- Pasta
- Crackers and biscuits
- Honey
- Peanut butter
- Syrup
- Jam
- Salt & Pepper
- Sugar
- Instant coffee and tea

Replace canned and dry goods once a year.

### EQUIPMENT

- Knives, forks, spoons
- Disposable cups and plates
- Manual can opener, bottle opener
- Fuel stove and fuel (follow manufacturer's instructions) – do not use a barbeque indoors
- Waterproof matches and plastic garbage bags
- Pocket knife and multi tool

